

# MONTHLY

# MMERC October Edition



## WHAT IS MMERC?:

The Midwest Migrant Education Resource Center (MMERC) provides instructional and support resources and services for migratory children and families in order to remove barriers to educational success and future opportunities. Learn more about MMERC [here](#).



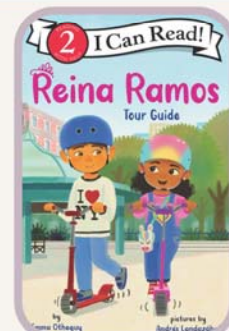
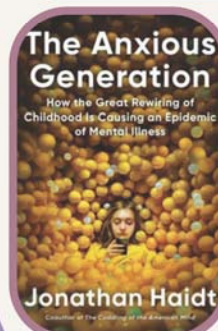
*Hocus  
Pocus*

## WHAT DOES MMERC OFFER?:

- ✓ Interactive Math and Reading Kits
- ✓ Bilingual Books and Translators
- ✓ STEM Resources
- ✓ Hands-On Learning Kits
- ✓ And *Much More!*



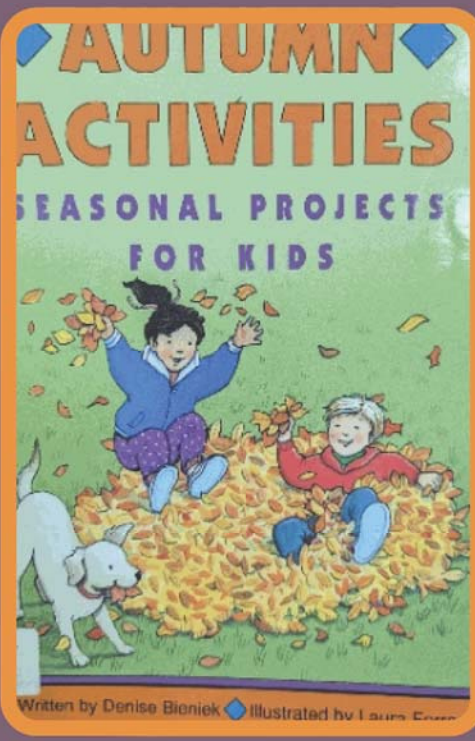
## NEW TITLES IN MMERC:



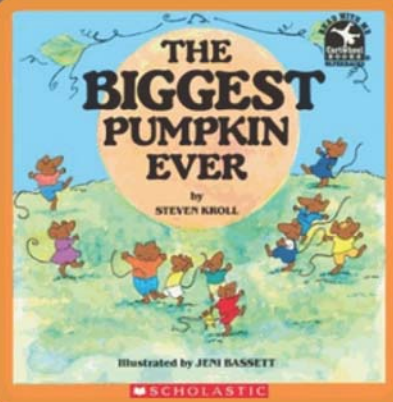
Scan the QR code to view our catalog and check out all of our other new items!

# GET

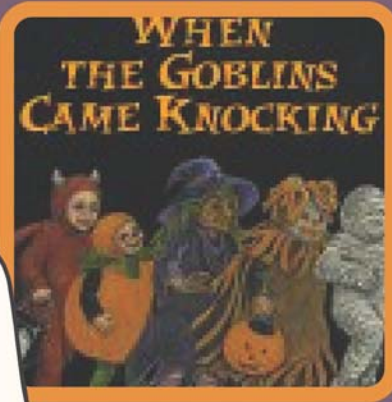
# SPOOKY *With mmERC*



# Trick OR Treat



Scan here to browse our online catalog



# C.H.A.T

*Conversations Happening  
to Achieve Together*



## POSSIBLE SESSION TOPICS:

- Study Skills/Tutoring
- English Language Learning
- Career Exploration/College Information
- GED Prep
- Resumes & Scholarships
- Wellness/Mental Health

## How to Register:

Scan the QR code to fill out the registration form, and you will receive a follow up phone call/email from Tri-Valley Opportunity Council



## WHAT IS C.H.A.T.?

CHAT is a virtual mentoring program that's part of the MN MEP program, and it's open to students in grades 6-12 and Out-of-School Youth (OSY). Our goal is to provide a safe and flexible environment to support students and youth with any individual needs to remove barriers and ensure student and youth resilience and success.

We support the individual needs of each student through 1:1 sessions that can range from 30 minutes to an hour. Afternoon/evening sessions are available as well.

Questions?

Email [guadalupe.ruiz@tvoc.org](mailto:guadalupe.ruiz@tvoc.org)

# UPCOMING

# EVENTS *What's New With Us?*



## MSIF OFFICE HOURS

Join our monthly drop-in session on Wednesday, October 15<sup>th</sup> from 3:15-3:45 PM to get immediate expert advice on the MSIF process. Feel free to drop in with specific questions, to work through real cases, or simply learn alongside other district staff. We'll Help with MSIF Excel Workbook completion and troubleshooting, common challenges and solutions, and we'll process questions from start to finish.

Scan the QR code to view the calendar and join:



## MAKING CONNECTIONS

Join our in-person Making Connections Workshop on Thursday, November 6<sup>th</sup> from 9 AM - 3 PM at TVOC Le Sueur. At this workshop, you will connect with fellow educators and the Minnesota Migrant Education Program team to discuss collaboration efforts and innovative ways to help remove barriers for migratory students.

Scan the QR code to sign up for free:



# OCTOBER

# IS Bullying Prevention Month

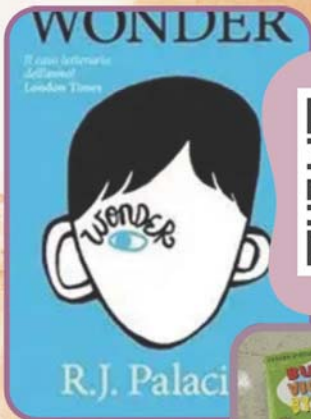


National Bullying Prevention Month is an important time to elevate the conversation about bullying of K-12 children and youth.



**NATIONAL BULLYING PREVENTION MONTH IS AN OPPORTUNITY TO:**

*Scan the QR code to order these resources about bullying:*



- Encourage our nation to take action at the local level to create safe and supportive schools, communities, and online environments
- Offer information and education, with tangible steps to address and prevent bullying
- Share bullying prevention information through news media, social media, videos, and print publications
- Promote dialogue between educators, parents, and students on their roles in addressing and preventing bullying
- Inspire everyone to promote kindness, acceptance, and inclusion to help prevent bullying
- Help create a world without bullying

**UNITY DAY IS OCTOBER 22, 2025**

**- BE SURE TO WEAR ORANGE TO SEND A VISIBLE MESSAGE OF KINDNESS, ACCEPTANCE, AND INCLUSION.**

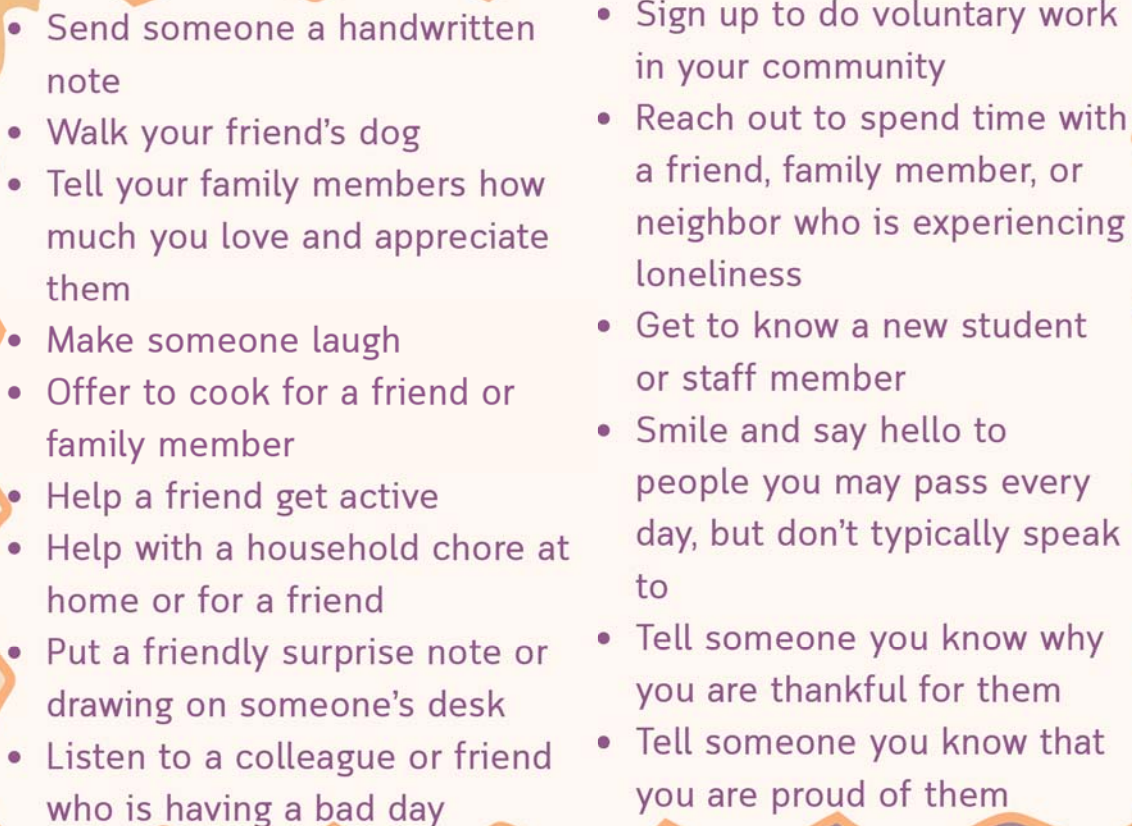


Want FREE educational and interactive bullying prevention resources for K-12 students? Visit <https://www.pacer.org/bullying/educators/> for activities, resources, and curriculums that can be used in classrooms, at home, in workshops, or during special events.

# SIMPLE

# WAYS TO *Spread Kindness*



- 
- Send someone a handwritten note
  - Walk your friend's dog
  - Tell your family members how much you love and appreciate them
  - Make someone laugh
  - Offer to cook for a friend or family member
  - Help a friend get active
  - Help with a household chore at home or for a friend
  - Put a friendly surprise note or drawing on someone's desk
  - Listen to a colleague or friend who is having a bad day
  - Sign up to do voluntary work in your community
  - Reach out to spend time with a friend, family member, or neighbor who is experiencing loneliness
  - Get to know a new student or staff member
  - Smile and say hello to people you may pass every day, but don't typically speak to
  - Tell someone you know why you are thankful for them
  - Tell someone you know that you are proud of them



## GET IN TOUCH



1-800-890-4853



[mmerc@tvoc.org](mailto:mmerc@tvoc.org)