

Building strong families. Connecting people and resources. Strengthening communities. For more information and assistance call:

1-800-820-7263

(Monday through Friday 8 am - 5 pm)

Tri-Valley Opportunity Council, Inc.

102 N. Broadway

Crookston, MN 56716

Long Distance: 800-584-7020

Local: 218-281-5832

Telecommunication Relay Service: 711

Fax: 218-281-6681

Website: www.tvoc.org

Facebook: www.facebook.com/TVOCInc

Twitter: @TriValley_TVOC

This information is available in alternative formats to individuals with disabilities. Contact us at 1-800-584-7020 or by calling the Telecommunication Relay Service at 711 or 1-800-627-3529. Tri-Valley Opportunity Council, Inc. is an equal opportunity employer.

Tri-Valley
Opportunity Council, Inc.



Family Voice and Choice Network
1424 Central Ave. NE
East Grand Forks, MN 56721



Family
VOICE AND CHOICE
N E T W O R K



Tri-Valley
Opportunity Council, Inc.

"People Helping People"

We Provide

- **A Voice For Families-** We offer important ways for parents and children to give meaningful feedback to professionals, as well as judicial and government policy makers.
- **One-on-one Peer Support-** Our friendly staff is here to listen and support you. We provide one-on-one phone consultations that are completely confidential. You can feel comfortable that your time with us is private.
- **Referrals & Recommendations-** Many of the situations facing parents today can seem overwhelming and confusing. We know people and agencies that can help, and we'll assist you in contacting them.
- **Workshops-** We offer periodic workshops regarding parent empowerment, tips for enhancing parenting skills and more.
- **Resource Lending Library-** We provide access to books and brochures on all kinds of situations facing parents, including behavior, nutrition, working with schools, health concerns and much more.
- **Periodic Newsletters-** Our easy-to-read newsletters address topics on everything from parenting tips to upcoming community activities, from helpful resources to family success stories.

About the Family Voice and Choice Network

Parenting is not easy. It is made up of a series of challenges, from the behavioral concerns to disabilities, and everything in between. Sometimes you need someone to listen. Sometimes you need someone to point you in the right direction. The Family Voice and Choice Network can help.



In collaboration with the Northwest Minnesota Council on Collaboratives. Special thanks to the Northwest Minnesota Foundation.

Our Focus

Our focus is to provide parents with the resources they need to make the best decisions for their family. We are also committed to supporting professionals as they provide services. Because of our family-driven focus, we are:

- **Completely Anonymous-** Privacy is one of our highest priorities. We don't ask for personal information. We just want to help you find the information you are looking for.
- **A Neutral Party-** We have no hidden agenda. Whether you're a parent or a professional, we will focus on providing a network of information that can benefit everyone.
- **Open to Everyone in Northwest Minnesota-** We welcome and respect the customs and values of all racial, ethnic, and religious groups and we help families from all walks of life.

We're not problem solvers, therapists, or advocates. We're listeners. We're information providers. We're a resource for families and professionals.

No Judgement. No Agenda. Just Someone To Listen And Help Right Here In Northwest Minnesota.