



# Tri-Valley

Opportunity Council, Inc.  
*Employee Spotlight*

**Melody Hedden**  
Family & Community Services Manager  
Crookston, MN

**What's your name?** Melody Hedden

**What's your title and location at Tri-Valley?** Family & Community Services Manager located at the Administrative Office in Crookston, MN.

**What's your favorite thing about working in your position?** I know what it is like to live in poverty and to be empowered by Head Start to self-sufficiency. I feel my position allows me to give back to a program that facilitated life changing moments in not only my life but my family's life.

**Before working at Tri-Valley, what was the most unusual or interesting job you've ever had?** I started working with Head Start in 1999 but before that I had a home daycare.

**Tell us about your family and/or pets.** My husband and I have five children with only one still at home (he graduates this year). Three of our five children are in the military. We also have three grandchildren and one more on the way! Last but not least we have a dog that quite possibly is the most spoiled animal on the planet.

**Do you have any hobbies?** My husband and I like to do woodworking but my biggest hobby is probably nagging my kids about goals and futures ;)

**If you could learn to do anything, what would it be?** Photography and Cake decorating.

**If you won the lottery, what is the first thing you would do?** Buy a house on the beach.

**When you have 30 minutes of free time, how do you pass the time?** UGH!! Confession time.....Candy Crush....its Candy Crush.

**What's your favorite indoor/outdoor activity?** Indoor- Watch the house wives (another guilty pleasure) outdoor-soak up the sun.

**What chore do you absolutely hate doing?** Cleaning toilets.

**If you could meet anyone, living or dead, who would you meet and why?** God, I'd ask him where we went wrong down here.

**What three traits define you?** Passionate about breaking the cycle of poverty, I love to laugh, I am an introvert who longs to be an extrovert.

**If you had to eat one meal, every day for the rest of your life, what would it be?** Potatoes with a side of potatoes and lets make it potatoes for dessert too.

**What are some things on your bucket list?** Travel out of the country, Write a children's book, Motivational speaking.

**Anything else you would like to add?** Of all the jobs in the world I am blessed to be in one that allows me to make a difference in the lives of children and their families.